



## Happy New Year to All!



Kendra Simpson,  
Executive Director

First, a special thank you to our Resident Association for being the driving force behind this year's spectacularly successful Employee Appreciation fundraiser. Thank you to the Residents for your incredible generosity and your kind expressions of gratitude toward our amazing and hard-working team. The gifts were presented to the staff in a meaningful ceremony, also coordinated by the Resident Association, on December 12th, and the Staff was overwhelmingly grateful. We rang in 2025 with a joyful Noon-Year's Celebration on the 31st, with special food and drink, and a good time was had by all! I hope everyone had some lucky black-eyed-peas, or whatever traditions make you happy and leave you feeling geared up to kick off an amazing new year. Friendly reminder that we prevent the spread of illness by careful handwashing.

## 2024 Employee of the YEAR



contributes to the smooth operation of the community but also fosters a sense of trust among the residents. Her dedication to teamwork has not gone unnoticed, and it is with great pride that we celebrate Mary and recognize the impact she has.

Please join me in congratulating Mary Gomez as our Employee of the Year! Hardworking and dependable, Mary exemplifies the spirit of excellent service that we strive for every day. She consistently goes above and beyond in her role, tackling challenges with a positive attitude. Her reliability not only

## JANUARY 2025

### Our January 2025 Employee of the Month



Hilda Ibarra deserves the spotlight this month of January! As our Lead Concierge who has served Lewisville Estates since 2012, Hilda is a constant of our community who always has a smile as part of her exceptional customer service.

Her skillsets in operations, organization, coordination, and troubleshooting render Hilda an awesome resource for all of us--she'll fill in wherever needed, and always with a smile on her face. We're so grateful to have her on board—and in her honor: GO, COWBOYS!

### Houseplant Appreciation Day

Feeling blue after taking down your holiday decorations? Cheer up on Jan. 10 with Houseplant Appreciation Day! Appreciate your houseplants by adding some fertilizer, dusting their leaves, replanting them in new pots or simply by talking to them—you might feel silly, but research shows that if you talk to your plants, they can grow better and live longer. Don't have a houseplant? This is your chance to get one!

Happy New Year Everyone And God Bless Everyone in 2025.

Remember to Love one another. And Be Kind to everyone.



**Assisted Living Locations..**

- Activity Room AR
- AL Courtyard ALC
- AL Parking Lot ALPL
- Bistro B
- Independent Living IL
- Library LL
- Lobby L
- Outing O
- Spa Spa
- Garden G

**Transportation Schedule..**

- Monday, 10am
- Grocery Stores 9:45
- Tuesday, 10am
- Walmart 10am
- Wednesday, 10am
- Post Office/Bank 10am
- Thursday, 10am
- Walmart 10am
- Friday, TBA
- Field Trips/Outings

**Birthdays**

- 6-Billy Lane
- 15-Michelle Louro
- 19-Jo Anders

*"The imagination is a palette of bright colors. You can use it to touch up memories—or you can use it to paint dreams."  
—Robert Brault*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>New Year's Day</b> 1 10:00 Rhythm & moves Exercise w/ Laurie 1:30 Bible Study (L) 3:00 Talk With Friends 3:30 Jeopardy	2 10:00 Nail and spa Let's have fun 10:00 Walmart Shopping (O) 2:00 Crafts With Faridhia 3:00 Talk With Friends 3:30 Jeopardy	3 10:00 Book Club with Paula and Doneta 12:00 Cava Cafe Outing 2:30 Game w/ Friends 3:00 Talk With Friends 3:30 Jeopardy	4 3:00 Talk With Friends 3:30 Jeopardy
5 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays) 3:00 Talk With Friends 3:30 Jeopardy	6 10:00 Fit & Fun w/ Laurie 10:30 Rosary w/ Renna 2:30 Game w/ Friends 3:00 Talk With Friends 3:30 Jeopardy	7 10:00 Walmart Shopping (O) 2:00 Bingo With Laurie 3:00 Talk With Friends 3:30 Jeopardy 4:00 Word Searches Before Dinner	8 10:00 Rhythm & moves Exercise w/ Laurie 1:30 Bible Study (L) 2:30 Town Hall 3:00 Talk With Friends 3:30 Jeopardy	9 10:00 Nail and spa Let's have fun 10:00 Walmart Shopping (O) 2:00 Crafts With Faridhia 3:00 Talk With Friends 3:30 Jeopardy	10 10:00 Sip and Talk with friends 2:30 Game w/ Friends 3:00 Talk With Friends 3:30 Jeopardy	11 3:00 Talk With Friends 3:30 Jeopardy
12 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays) 3:00 Talk With Friends 3:30 Jeopardy	13 10:00 Fit & Fun w/ Laurie 10:30 Rosary w/ Renna 2:30 Game w/ Friends 3:00 Talk With Friends 3:30 Jeopardy	14 10:00 Walmart Shopping (O) 2:00 Bingo With Laurie 3:00 Talk With Friends 3:30 Jeopardy 4:00 Word Searches Before Dinner	15 10:00 Rhythm & moves Exercise w/ Laurie 1:30 Bible Study (L) 3:00 Talk With Friends 3:30 Jeopardy	16 10:00 Nail and spa Let's have fun 10:00 Walmart Shopping (O) 2:00 Crafts With Faridhia 3:00 Talk With Friends 3:30 Jeopardy	17 10:00 Sip and Talk with friends 2:30 Game w/ Friends 3:00 Talk With Friends 3:30 Jeopardy	18 3:00 Talk With Friends 3:30 Jeopardy
19 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays) 3:00 Talk With Friends 3:30 Jeopardy	20 <b>Martin Luther King Jr. Day</b> 10:00 Fit & Fun w/ Laurie 10:30 Rosary w/ Renna 2:30 Game w/ Friends 3:00 Talk With Friends 3:30 Jeopardy	21 10:00 Walmart Shopping (O) 2:00 Lonestar Sound 3:00 Talk With Friends 3:30 Jeopardy 4:00 Word Searches Before Dinner	22 10:00 Rhythm & moves Exercise w/ Laurie 1:30 Bible Study (L) 3:00 Talk With Friends 3:30 Jeopardy	23 10:00 Nail and spa Let's have fun 10:00 Walmart Shopping (O) 2:00 Crafts With Faridhia 3:00 Talk With Friends 3:30 Jeopardy	24 10:00 Sip and Talk with friends 2:30 Game w/ Friends 3:00 Talk With Friends 3:30 Jeopardy	25 3:00 Talk With Friends 3:30 Jeopardy
26 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays) 3:00 Talk With Friends 3:30 Jeopardy	27 10:00 Fit & Fun w/ Laurie 10:30 Rosary w/ Renna 2:30 Game w/ Friends 3:00 Talk With Friends 3:30 Jeopardy	28 10:00 Walmart Shopping (O) 2:00 Bingo With Laurie 3:00 Talk With Friends 3:30 Jeopardy 4:00 Word Searches Before Dinner	29 10:00 Rhythm & moves Exercise w/ Laurie 1:30 Bible Study (L) 3:00 Talk With Friends 3:30 Jeopardy	30 10:00 Nail and spa Let's have fun 10:00 Walmart Shopping (O) 2:00 Crafts With Faridhia 3:00 Talk With Friends 3:30 Jeopardy	31 10:00 Sip and Talk with friends 2:30 Game w/ Friends 3:00 Talk With Friends 3:30 Jeopardy	

# JANUARY



## Sub-Zero Cinema

Whether you prefer the majestic choreography of figure skating or the rough and rowdy crowd of ice hockey, bring the chilly fun into your home with one of these blockbuster movies:

*"The Mighty Ducks"* (1992). This heartwarming Disney classic brought hockey to Hollywood. After a wild night, lawyer Gordon Bombay (Emilio Estevez) is sentenced to 500 hours of community service: coaching a youth hockey team.

*"The Cutting Edge"* (1992). D.B. Sweeney and Moira Kelly star in this icy romance where their clashing characters—a hockey player and a figure skater—must team up to win an Olympic gold medal.

*"Miracle"* (2004). Debatably the most famous game of American hockey was played on Feb. 22, 1980, in New York. This film tells the true story of how Coach Herb Brooks (Kurt Russell) led Team USA to an Olympic victory over the seemingly unbeatable Soviet Union.

*"Ice Princess"* (2005). Stuck between her mother's academic expectations and her own dreams of becoming a figure skater, Casey Carlyle (Michelle Trachtenberg) has a tough road ahead of her. The film's motivational message is perfect for family viewing.

*"Blades of Glory"* (2007). After being banned from the men's singles competition, two male ice skaters are forced to pair up if they hope to restore their former glory. While many sports movies focus on the drama, this spoof will have you belly-laughing with actors Will Ferrell and Jon Heder.