



From Our Executive Director

As we greet the crisp air, we feel the warmth of the fire and the love of family and friends. This month we celebrate the month of love. We would like to have everyone come and share in the fun and love with us at the flamingle party. It will be lots of fun and food. This month will be filled with lots of love and football. We also wanted to say thank you so much for always being such an integral part of our community. Your enthusiasm and participation make every event a success and contributes to the vibrant atmosphere we cherish. Here's to a fun-filled and loving month. Thank you so much for the cheer and joy you bring to all of us. So let's have a blast and get ready for the Super Bowl. Also, remember to be kind to one another and love each other every day.



FEBRUARY 2025

David Aniedi for Employee of the Month!

Ladies and Gentlemen, it is with great pleasure and admiration that we announce David Aniedi as our Employee of the Month for February. David Aniedi has been a remarkable asset to our team, consistently going above and beyond in his role as a med tech. He has exceptional love for the residents, but also with his fellow employees. David is a very caring person and would go above and beyond for anyone. Also, his positive work environment and his dedication to excellence are evident in everything he does to make it better for everyone who works with him.



Assisted Living Locations..

- | | |
|--------------------|------|
| Activity Room | AR |
| AL Courtyard | ALC |
| AL Parking Lot | ALPL |
| Bistro | B |
| Independent Living | IL |
| Library | LL |
| Lobby | L |
| Outing | O |
| Spa | Spa |
| Garden | G |







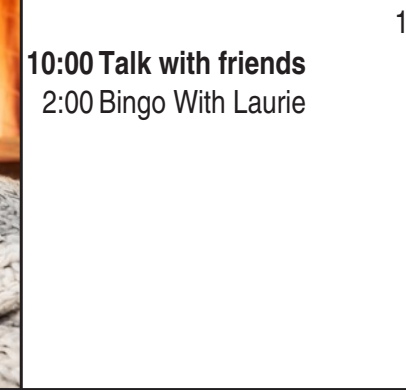
Transportation Schedule..

- | | |
|---------------------|------|
| Monday, | 10am |
| Grocery Stores | 9:45 |
| Tuesday, | 10am |
| Walmart | 10am |
| Wednesday, | 10am |
| Post Office/Bank | |
| Thursday, | 10am |
| Walmart | 10am |
| Friday, | TBA |
| Field Trips/Outings | |

Happy Birthday

- 16-Wandy Derbes
17-Marilyn Murphy

*"While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch."
—Patience Strong*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	3 10:00 Fit & Fun w/ Laurie 10:30 Rosary w/ Renna 2:30 Game w/ Friends	4 10:00 Walmart Shopping (O) 2:00 Bingo With Laurie 4:00 Word Searches Before Dinner	5 10:00 Rhythm & moves Exercise w/ Laurie 1:30 Bible Study (L)	6 10:00 Nail and spa Let's have fun 10:00 Walmart Shopping (O) 2:00 Dean Peters Music 3:00 Crafts With Faridhia	7 10:00 Fun With Games 2:00 Movie With Laurie 3:00 Games With Friends	8 10:00 Talk With Friends 2:00 Bingo With Laurie
9 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	10 10:00 Fit & Fun w/ Laurie 10:30 Rosary w/ Renna 2:30 Game w/ Friends 3:00 Community Talk With Canasia with Angels Home Health	11 10:00 Walmart Shopping (O) 2:00 Bingo With Laurie 4:00 Word Searches Before Dinner	12 10:00 Rhythm & moves Exercise w/ Laurie 1:30 Bible Study (L) 2:00 Resident Council	13 10:00 Nail and spa Let's have fun 10:00 Walmart Shopping (O) 3:00 Crafts With Faridhia	14 10:00 Fun With Games 3:30 Mary Kay 4:00 Fundue With Laurie	15 10:00 Exercise 2:00 Bingo With Laurie
16 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	17 Presidents Day 10:00 Fit & Fun w/ Laurie 10:30 Rosary w/ Renna 2:30 Game w/ Friends	18 10:00 Walmart Shopping (O) 2:00 Bingo With Laurie 4:00 Word Searches Before Dinner	19 10:00 Rhythm & moves Exercise w/ Laurie 1:30 Bible Study (L)	20 10:00 Nail and spa Let's have fun 10:00 Walmart Shopping (O) 3:00 Crafts With Faridhia	21 10:00 Fun With Games 12:00 Viva LaPasta 2:00 Food Forum With Chief Ray	22 10:00 Games 2:00 Bingo With Laurie
23 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	24 10:00 Fit & Fun w/ Laurie 10:30 Rosary w/ Renna 2:30 Game w/ Friends	25 10:00 Walmart Shopping (O) 2:00 Bingo With Laurie 4:00 Word Searches Before Dinner	26 10:00 Rhythm & moves Exercise w/ Laurie 1:30 Bible Study (L)	27 10:00 Nail and spa Let's have fun 10:00 Walmart Shopping (O) 3:00 Crafts With Faridhia	28 10:00 Fun With Games 2:00 Truth Creek Band 3:00 Movie With Laurie	



I love
my
Family

A Peek at Polar Bears

Polar bears are a high-profile species, seen in films, storybooks and ads. "Paws" for a minute to learn all about these fascinating animals.

- Polar bears spend most of their lives on the sea ice of the Arctic Ocean. Their scientific name, *ursus maritimus*, means "sea bear," and they are classified as marine mammals.
- With large males weighing up to 1,700 pounds and standing 11 feet tall on their hind legs, polar bears are the planet's largest land carnivores. Females are about half as big as males, and newborn bears are the size of a guinea pig.
- Although they appear white, polar bears have hollow fur, which reflects light and acts as camouflage in their snowy environment. Under their coat, the bears have black skin that absorbs sunlight and keeps them warm.
- When swimming, polar bears use their back legs as a rudder to steer, and their front paws to move forward at speeds up to 6 mph. On land, they can run up to 25 mph.
- Since clean fur provides better insulation, the bears bathe by rolling around in the snow.
- When not rearing cubs, polar bears are mostly solitary, but will occasionally gather in groups, called sleuths.
- The Inuit of Canada call the polar bear *nanuq*, which means "an animal worthy of great respect."
- The first Coca-Cola ads featuring polar bears aired in 1993, and the animals have since become mascots for the company.