

Celebrating Father's Day

The inspiration for Father's Day was Mother's Day. Sonora Smart Dodd (Spokane, Washington) was listening to a Mother's Day sermon in her church and thought silently to herself that fathers needed the same sort of recognition also. After her mother had passed in 1898. She began working through Protestant churches and local groups in the Spokane area to promote this holiday.

She decided that the third Sunday in June would be the day, and instead of a carnation (like Anna Jarvis proclaimed for Mother's Day) Sonora said everyone should wear a rose for Father's Day. Sonora felt that a white rose should be worn for a father who has passed, and a red rose for father who is still living. She circulated a petition at first among ministers and church organizations. So, the very first Father's Day observance took place in churches and were similar to Mother's Day Celebration.

The church's also used Father's Day as a way to promote the masculine side of Christianity and to remind men (who might become fathers) and all fathers of their obligation to look after families'. Although she did a lot of work, the idea of a Father's Day did not catch on quickly as Mother's Day did.

After 25 years the topic came up again and this time The Associated Men's Wear Retailers of New York City took on the challenge of getting a Father's Day in this country. In 1938, The National Council for the Promotion of Father's Day worked with florists, tobacconists, stationers and men's clothiers across the United States to promote Father's Day. Their slogan? "Give Dad Something to Wear!" President Calvin Coolidge had originally recommended that Father's Day become an official observance in 1924.

It might have taken years until 1972 when President Richard Nixon signed a proclamation proclaiming the third Sunday in June as Father's Day. Unfortunately, Sonora Smart Dodd died in 1978 at the age of 96, and only lived to see her holiday celebrated for a few years.

Thanks to Sonora Dodd and President Richard Nixon, our Father's will forever have a day to be celebrated.

Hello Residents of Lewisville Estates

We would like to thank of all of you who participated in the balance clinics and health talks last month. For the month of June, we shall discuss "Men's Health Awareness". There are multiple afflictions that target men more than women, and many treatment options to consider. So join us June 9th in the Bistro at 3:30 or June 16th in the activity room of the AL, to discuss and learn about why Men's Health Awareness is so important.

We will continue our bi-weekly discussions and testing on static and dynamic balance in the IL. If you have any questions or concerns regarding your balance, or have grown increasingly fearful of falling, please visit us in the Bistro June 5th and 19th, at 10:30.

To all you lucky individuals residing in the AL, we will continue our pursuit for a more active and healthier lifestyle through exercise in our Sit and Fit exercise class every Thursday at 1:30 and Friday at 9:30.

Sincerely Yours,

Michael Steinhelfer & the Legacy Healthcare Team

Happy Birthday!

Wishing you all a birthday filled with sweet moments and wonderful memories to cherish always. Be sure to join us for cake at our birthday bash in the lobby, on Friday, June 27 at 2pm.

Resident Birthdays

6/6 Nelva Davis
6/7 Patricia Kerrigan
6/13 Onie Ammon
6/16 Mary Murphy
6/17 Joan Clare
6/24 James "J.S" Sanford

Employee Birthdays

6/9 Hattie Powell
6/24 Stephnie Canady
6/28 Ana Arroyo



The Lewisville Estates Family

Welcomes Katie Lee, Our New Assisted Living Director

Katie originally comes from Harrisonburg, Virginia. She has a very close family and is the only child. Katie is also a nurse and has been for eight years. She loves being able to help others in any way she possible can. Katie and her husband Ed moved her a few years ago. She has two children that she loves dearly their names are Addison (two years old) and Austin (one year old). Looks like Katie and her husband Ed have their hands full but they are loving every minute of it. Katie

and her family also have a furry family member a dog named Jack. Katie's hobby is spending as much time with her family. We are excited to welcome Katie to our beautiful community and look forward to skills to help provide our residents with a fun and healthy lifestyle.

Welcome Katie!

(Katie loves Cookies and Cream Blue Bell Ice Cream) :)

Current Events

6/6 Lunch at Chili's

Time: 10:30am
Place: Outing

6/16 Legacy Health Talk

Time: 3:30pm
Place: Lobby

6/11 Men's Breakfast

Time: 7am
Place: Outing

6/19 Country

Western Wedding
Time: 6pm
Place: IL Dining Room

6/11 Town Hall Meeting

Time: 3pm
Place: Lobby

6/20 Lunch at CiCi's

Time: 10:30am
Place: Outing

6/13 Father's Day

Workshop
Time: 1pm
Place: AL Private Dining Room



Resident of the Month

Our L.E.A.P (Life enrichment activities program) would like to recognize Mrs. Jeanne Thomas. Jeanne can always be seen out and about whether its exercising, playing games or going with us to a lunch outing. Jeanne we commend you for your participation and encourage you to always remain active.

Remember a body in motion stays in motion!

June 2014

LOCATIONS KEY

Activity Room - AR
AL Parking Lot - ALPL
Country Store - CS

Dining Room - DR
IL Dining Room - ILDR
Library - LL

IL Lobby - ILL
Outing - O
Spa - Spa

Activities Subject to Change

Theater - TH
Lobby - L
Assisted Living Court Yard - ALCY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>8:45am Baptist Church, L 9:30am Pieces to Pieces, LL 10:30am Connect 4, AR 1pm Sassy Senior Bingo, AR 2pm Bible Study w/ Rob Harrison, L 3pm Dominoes, AR</p>	<p>2</p> <p>9:30am Sit & Be Fit, AR 10am Coffee & Snack Social, L 10am Shopping at Albertsons, O 10:30am Frisbee Fun, L 1:30pm Tai Chi w/ Erin, AR 3:30pm Sassy Senior Bingo, AR</p>	<p>3</p> <p>9:30am Catholic Communion, L 9:30am Coffee & Price is Right, L 10am Wal-Mart, O 10am Let's Get Crafty! AR 1:30pm Stretch & Grow, AR 2:30pm Matinee Movie & Popcorn, ILTH 3:30pm Dominoes Club, AR</p>	<p>4</p> <p>9:30am Tone those Bones w/ Erin, AR 10am Coffee & Snack Social, L 10am Post Office/ Bank, O 10:30am Gardening Club, ALCY 1:30pm Simply Cooking, AR 2:30pm Country Store Shopping, CS 3:30pm Sassy Senior Bingo, AR</p>	<p>5</p> <p>8am-5pm Beauty Salon, BS 9:30am Rowdy Ring Toss, L 10am Rev. Christal Fisher, L 10am Miscellaneous Errands, O 1:30pm Sit & Be Fit w/ Michael, AR 2pm Wal-Mart, O 2:30pm Bulls Eye Target Toss, L 3pm Bible Study w/ Rob Harrison, L 4pm Dominoes Club, AR</p>	<p>6</p> <p>D-Day 9:30am Stretch & Grow w/ Legacy, AR 10:30am Lunch at Chili's, O 1pm Nails & Facial w/ Mary Kay, AR 2pm Donut and Lemonade Happy Hour, L 3pm Resident Room Visits 3:30pm Yahtzee, AR</p>	<p>7</p> <p>Belmont Stakes 9:30am Word Find Challenge, AR 10:30am Dominoes, AR 1:30pm Sassy Senior Bingo, AR 2pm Sing-a-Long, AR 3pm Fun Flicks, L</p>
<p>8</p> <p>8:45am Baptist Church, L 9:30am Pieces to Pieces, LL 10:30am Janga, AR 1pm Sassy Senior Bingo, AR 3pm Dominoes, AR</p>	<p>9</p> <p>Donald Duck Day 9:30am Sit & Be Fit, AR 10am Coffee & Snack Social, L 10am Shopping at Albertsons, O 10:30am Can Knockdown, L 1:30pm Tai Chi w/ Erin, AR 3:30pm Sassy Senior Bingo, AR</p>	<p>10</p> <p>Iced Tea Day 9:30am Catholic Communion, L 9:30am Coffee & Price is Right, L 10am Wal-Mart, O 10am Let's Get Crafty! AR 1:30pm Stretch & Grow, AR 2:30pm Matinee Movie & Popcorn, ILTH 3:30pm Dominoes Club, AR</p>	<p>11</p> <p>CNA Day 7am Men's Breakfast, O 9:30am Tone those Bones w/ Erin, AR 10am Coffee & Snack Social, L 10am Post Office/ Bank, O 10:30am Gardening Club, ALCY 1:30pm Simply Cooking, AR 2:30pm Country Store Shopping, CS 3pm Town Hall Meeting, L 3:30pm Sassy Senior Bingo, AR</p>	<p>12</p> <p>National Peanut Butter Cookie Day 8am-5pm Beauty Salon, BS 9:30am Corn Hole, L 10am Rev. Christal Fisher, L 10am Miscellaneous Errands, O 1:30pm Sit & Be Fit w/ Michael, AR 2pm Wal-Mart, O 2:30pm Peanut Butter Cookies & Ice Tea Social, L 3pm Bible Study w/ Rob Harrison, L 4pm Wild West Shoot Out, L</p>	<p>13</p> <p>Banana Split Day 9:30am Stretch & Grow w/ Legacy, AR 10:30am Red Hat Society, LL 1pm Father's Day Workshop, ALPD 2pm Banana Split Party, L 3pm Resident Room Visits 3:30pm Rubber Horseshoes, L</p>	<p>14</p> <p>Army's Birthday Flag Day 9:30am Crossword Challenge, AR 10:30am Dominoes, AR 1:30pm Sassy Senior Bingo, AR 2pm Sing-a-Long, AR 3pm Fun Flicks, L</p>
<p>15</p> <p>Father's Day 8:45am Baptist Church, L 9:30am Pieces to Pieces, LL 10:30am Yahtzee, AR 1pm Sassy Senior Bingo, AR 2pm Bible Study w/ Rob Harrison, L 3pm Dominoes, AR</p>	<p>16</p> <p>Fudge Day 9:30am Sit & Be Fit, AR 10am Coffee & Snack Social, L 10am Shopping at Albertsons, O 10:30am Word Reminiscing, L 1:30pm Tai Chi w/ Erin, AR 3:30pm Legacy Health Talk, AR</p>	<p>17</p> <p>9:30am Catholic Communion, L 9:30am Coffee & Price is Right, L 10am Wal-Mart, O 10am Let's Get Crafty! AR 1:30pm Stretch & Grow, AR 2:30pm Matinee Movie & Popcorn, ILTH 3:30pm Dominoes Club, AR</p>	<p>18</p> <p>9:30am Tone those Bones w/ Erin, AR 10am Coffee & Snack Social, L 10am Post Office/ Bank, O 10:30am Gardening Club, ALCY 1:30pm Simply Cooking, AR 2:30pm Country Store Shopping, CS 3:30pm Sassy Senior Bingo, AR</p>	<p>19</p> <p>8am-5pm Beauty Salon, BS 9:30am Mind Games, AR 10am Rev. Christal Fisher, L 10am Miscellaneous Errands, O 1:30pm Sit & Be Fit w/ Michael, AR 2pm Wal-Mart, O 2:30pm Frisbee Fun, L 3pm Bible Study w/ Rob Harrison, L 4pm Dominoes Club, AR 6pm Country Western Wedding, ILDR</p>	<p>20</p> <p>9:30am Stretch & Grow w/ Legacy, AR 10:30am Lunch at CC's, O 1pm Ring of Fire Darts, L 2pm Smiles Gone Wild Happy Hour, L 3pm Resident Room Visits 3:30pm Bean Bag Twister, L</p>	<p>21</p> <p>9:30am Word Find Challenge, AR 10:30am Dominoes, AR 1:30pm Sassy Senior Bingo, AR 2pm Sing-a-Long, AR 3pm Fun Flicks, L</p>
<p>22</p> <p>8:45am Baptist Church, L 9:30am Pieces to Pieces, LL 10:30am Skip-Bo, AR 1pm Sassy Senior Bingo, AR 3pm Dominoes, AR</p>	<p>23</p> <p>9:30am Sit & Be Fit, AR 10am Coffee & Snack Social, L 10am Shopping at Albertsons, O 10:30am Power Tower, L 1:30pm Tai Chi w/ Erin, AR 3:30pm Sassy Senior Bingo, AR</p>	<p>24</p> <p>9:30am Catholic Communion, L 9:30am Coffee & Price is Right, L 10am Wal-Mart, O 10am Let's Get Crafty! AR 1:30pm Stretch & Grow, AR 2:30pm Matinee Movie & Popcorn, ILTH 3:30pm Dominoes Club, AR</p>	<p>25</p> <p>9:30am Tone those Bones w/ Erin, AR 10am Coffee & Snack Social, L 10am Post Office/ Bank, O 10:30am Gardening Club, ALCY 1:30pm Simply Cooking, AR 2:30pm Country Store Shopping, CS 3:30pm Sassy Senior Bingo, AR</p>	<p>26</p> <p>8am-5pm Beauty Salon, BS 9:30am Brain Box Trivia, L 10am Rev. Christal Fisher, L 10am Miscellaneous Errands, O 1:30pm Sit & Be Fit w/ Michael, AR 2pm Wal-Mart, O 2:30pm Bucket Bonanza, L 3pm Bible Study w/ Rob Harrison, L 4pm Dominoes Club, AR</p>	<p>27</p> <p>9:30am Stretch & Grow w/ Legacy, AR 10:30am Red Hat Society, LL 1pm Card Games, AR 2pm Birthday Bash, L 3pm Resident Room Visits 3:30pm Wild West Shoot Out, L</p>	<p>28</p> <p>Ramadan Begins 9:30am Crossword Challenge, AR 10:30am Dominoes, AR 1:30pm Sassy Senior Bingo, AR 2pm Sing-a-Long, AR 3pm Fun Flicks, L</p>
<p>29</p> <p>8:45am Baptist Church, L 9:30am Pieces to Pieces, LL 1pm Sassy Senior Bingo, AR 3pm Dominoes, AR</p>	<p>30</p> <p>9:30am Sit & Be Fit, AR 10am Coffee & Snack Social, L 10am Shopping at Albertsons, O 10:30am Bulls Eye Target Toss, L 1:30pm Tai Chi w/ Erin, AR 3:30pm Sassy Senior Bingo, AR</p>					