



## Yadira Hernandez for **Employee of the Month!**

I am delighted to nominate our Assisted Living Caregiver, Yadira Hernandez, for Employee of the Month. Yadira has consistently exemplified excellence in her caregiving duties, making a profound impact on the lives of her patients and colleagues alike. Yadira's genuine care and empathy for her patients are evident in everything she does. She goes above and beyond to ensure each patient feels respected, valued, and comforted. Yadira is a vital team member who collaborates seamlessly with her colleagues. She offers support, shares her expertise, and fosters a cooperative and positive work environment. She embodies the qualities of an outstanding caregiver. I am confident that her contributions will continue to positively influence our organization and the lives of our patients. Yadira, we appreciate all that you do and Congratulations on being **Employee of the Month!** 

## **AUGUST 2024**

## **Beautiful Beacons**

Pretty as a postcard and drenched in history, lighthouses are popular attractions. Shine a light on some of America's most iconic beacons: Boston Light. First built in 1716 and reconstructed in the 1780s, this Massachusetts landmark is the oldest lighthouse in the U.S. It's also the only one that still has an official keeper, even though the beacon is automated.

Big Sable Point Lighthouse. Michigan is home to over 110 lighthouses, more than any other state, including this black-and-white striped brick structure. Visitors can climb to the top of the 112-foot tower to see stunning views of Lake Michigan.

Portland Head Light. Photographs of this Maine lighthouse are popular, thanks to its charming setting in Cape Elizabeth, Maine, where waves crash against the rocky shore. The tower's beacon was first lit in 1791.

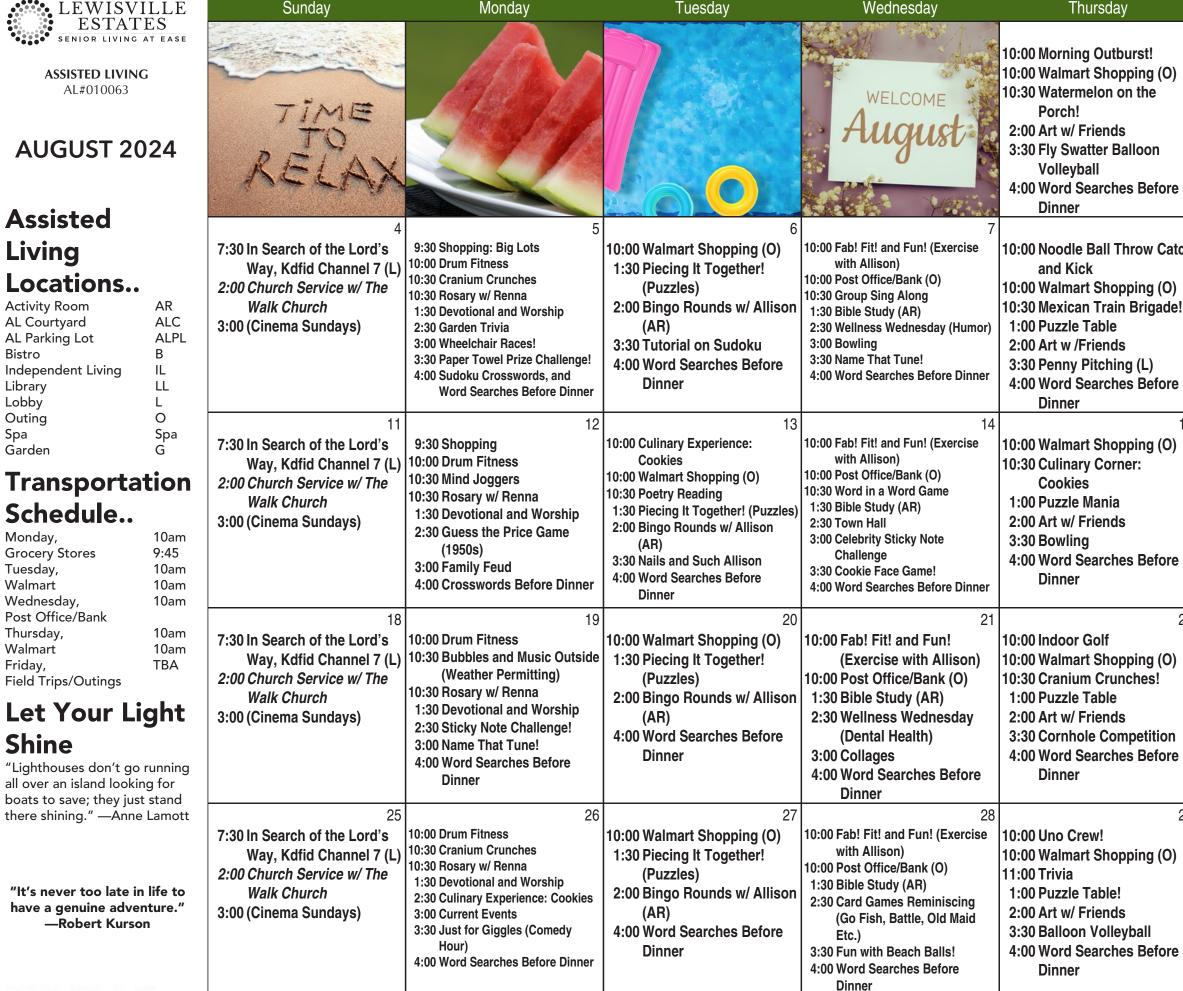
Cape Hatteras Light Station. Standing 198 feet high, this historical North Carolina site is the tallest brick lighthouse in the U.S. and features distinctive black-and-white diagonal stripes atop a bright red base.

Pigeon Point Light Station. Located south of San Francisco, this lighthouse is the tallest on the West Coast, at 115 feet, and is still in use by the U.S. Coast Guard.

Ponce de Leon Inlet Light Station. Reaching the top of this 175-foot bright red tower offers stunning views of Florida's Atlantic coastline. Built in 1887, it's now a National Historic Landmark.

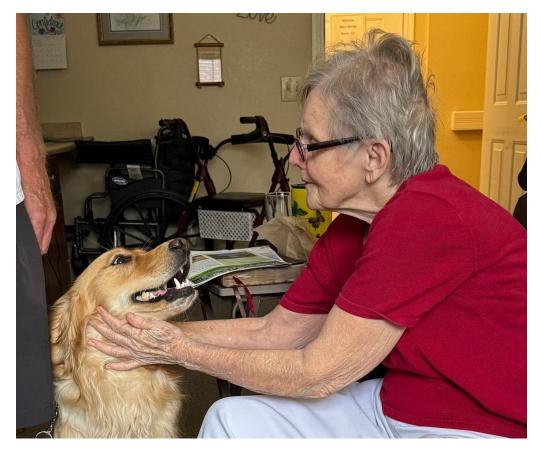
Biloxi Lighthouse. Built in 1848, this cast iron lighthouse in Mississippi has become a symbol of hope and resilience after it was restored from damage caused by Hurricane Katrina.





	Friday	Saturday
1	2 10:00 Wake and Shake! (Exercise w/ Allison) 10:30 Outing to The Drunken Donkey Bar and Grill 1:30 Puzzle Mania! 3:00 Happy Hour Social 4:00 Word Searches Before Dinner	3 10:00 Residents' Choice 1:30 Puzzle Table 2:00 Uno Crew! 3:00 Individual Activities in Room
8 <b>:h</b>	9 10:00 Wake and Shake! (Exercise w/ Allison) 10:30 Cranium Crunches! 1:30 Puzzle Mania! 2:00 Happy Hour Social/Pizza and Movie 4:00 Word Searches Before Dinner	10 10:00 Residents' Choice 10:30 Mexican Train Brigade! 1:30 Puzzles Galore! 3:00 Individual Activities in Room
15	16 10:00 Wake and Shake! (Exercise w/ Allison) 10:30 Outing to Soulman's BBQ 1:30 Puzzle Table and Board Games 2:00 An Afternoon at the Beach Happy Hour/Social! 2:00 Beach Movie and Snacks 4:00 Word Searches Before Dinner	17 10:00 Residents' Choice 10:30 Scrabble 1:30 Puzzle Mania! 2:00 Individual Activities in Room
22	23 10:00 Wake and Shake! (Exercise w/ Allison) 10:30 Culinary Experience: Group Trail Mix 1:30 Puzzle Table/Residents' Choice 2:00 Find a Person Who Game / Snack and Chat Social 3:00 Tabletop Bowling 3:30 Air Hockey! 4:00 Word Searches Before Dinner	24 10:00 Residents' Choice 10:30 Monopoly 1:30 Puzzle Extravaganza! 3:00 Individual Activities in Room
29	30 10:00 Wake and Shake! (Exercise w/ Allison) 10:30 Culinary Experience: Fruit Salad 1:30 Puzzle Table and Board Games 2:00 Happy Hour Social / Minute to Win It Games and Snacks! 3:00 Air Hockey Tournament! 3:30 Mexican Train Brigade! 4:00 Word Search Before Dinner	31 10:00 Residents' Choice 10:30 Yahtzee! 1:30 Puzzle Table 3:00 Individual Activities in Room





## A Summer Adventure

It's the time of year when children begin going back to school, and families often enjoy one last big adventure before the summer comes to an end. It's perfect, then, that August is American Adventures Month. Use these questions to reminisce on your summer amusements.

- When you were growing up, did your family ever take summer vacations? If so, what was your favorite trip?
- Which did you enjoy more: indoor activities, like museums and shopping, or outdoor activities, like hiking and swimming?
- In the moment, vacation mishaps can be scary, but looking back on them can create lots of laughs. Do you have any stories like this to share?
- A popular summer activity is going to amusement parks. Did you visit any? What were your favorite rides and/or games? Did you travel to the park, or did a traveling carnival come to your town?
- Did you take summer vacations as an adult? What was different about being in charge of planning the trip? Did you change up the itinerary?
- Would you prefer to go on an adventure to the ocean, the mountains or the plains of America?
- Have you ever traveled outside of the United States? If so, where was your favorite place and how did it differ from the community you were used to?
- What is your dream vacation or adventure?

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