

## A Wealth of 'Wonderful' Facts

This year, the classic movie "It's a Wonderful Life" turns 70 years old. Earn your wings with friends and family by sharing these fun facts about the holiday favorite:

- The film was based on the 1943 short story "The Greatest Gift" by Philip Van Doren Stern.
- Featuring Jimmy Stewart's return to acting after serving in World War II, the movie was the first starring role for Donna Reed.
- The elaborate set for Bedford Falls covered 4 acres of a movie lot in Encino, Calif. It included 75 buildings and a main street that was three city blocks long.
- For the film's winter scenes, the special effects crew came up with a groundbreaking way to make snow: They mixed the fire-extinguishing chemical Foamite with sugar, water and soap flakes, then pumped the mixture through a wind machine.
- The famous finale originally had the cast singing "Ode to Joy" rather than "Auld Lang Syne."
- A box office bomb in 1946, the movie only made back \$3.3 million of its \$3.7 million budget. It didn't become a beloved holiday tradition until it was repeatedly aired on TV in the 1970s and '80s.
- In 2006, the American Film Institute named "It's a Wonderful Life" the most inspiring film of all time.

## Resident of the Month!

Our L.E.A.P. (Life Enrichment Activity Program) would like to recognize Ms. Anne Collins. Anne likes to stay busy. She enjoys Bingo, Lunch Outings, Exercise and playing cards. She invites residents to join her in a friendly game of Rummy, always including everyone. Her kind, warm personality makes everyone feel welcome. We are so happy to have Anne at Lewisville Estates!



Anne leading her card club!



Exercise with a smile!

## The Rock of New York

Rockefeller Center is a vibrant and popular New York City landmark, created as a first-of-its-kind "city within a city." The 22-acre plaza was the brainchild of oil heir and philanthropist John D. Rockefeller Jr., who envisioned a modern commercial complex in the heart of midtown Manhattan. Built between 1931 and 1940, the project was personally financed by Rockefeller, a venture that helped restore the city's morale and employed thousands of workers during the Depression.

The original complex of 14 high-rises was the first in the world to feature business offices, retail shops, restaurants and entertainment in one development. The skyscrapers' heights and modern advances, such as high-speed elevators, indoor parking, an underground concourse, more than 100 pieces of public art, and art deco architecture, all symbolized progress to new frontiers.

Some of the attractions of today's 19 buildings include NBC network headquarters and studios; the Top of the Rock Observation Deck, which offers panoramic views of the city; and Radio City Music Hall, where the world-famous Rockettes perform.

On average, about 400,000 people visit Rockefeller Center every day, and the number can double during the holiday season, when they come to enjoy its iconic decorations, ice skating rink and shows.



**The Lewisville Estates Lifestyle**

Assisted Living  
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December 2016

## Dear Residents, Family and Friends:

Lewisville Estates feels radiant with the warmth of family, visitors, and increasing holiday cheer as we wait for Christmas to get here! Please pay special attention to our December calendar as you will understand all that is done to make the season bright. Please know that we have many wonderful events leading up to the nights before Christmas: Deck the Halls door decorating contest, van excursion light tour, weekly Happy Hours, holiday crafts, and special vendors. We will be hosting our Family and Resident Christmas Tree Festival on Dec. 8, at 6 p.m. Please RSVP at the Concierge Desk.

Happy December,  
*Jessica Hazelton*  
EXECUTIVE DIRECTOR

## Pumpkin Decorating Contest

Our creativity was very apparent with our Pumpkin Decorating Week!



Thank-you Stacey from Holy Savior Hospice for donating pumpkins!



ASSISTED LIVING

AL#010063

DECEMBER 2016

## Locations

- Activity Room, AR
- AL Courtyard, ALC
- AL Parking Lot, ALPL
- Bistro, B
- Dining Room, DR
- Library, LL
- Lobby, L
- Outing, O
- Spa, Spa

## Transportation Schedule

- Monday 10 a.m. Albertsons
- Tuesday 10 a.m. Walmart

- Thursday 2 p.m. Walmart

- Friday TBA
- Field Trips/Outing

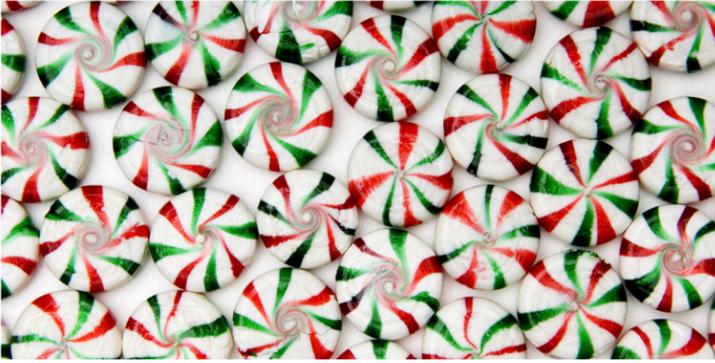
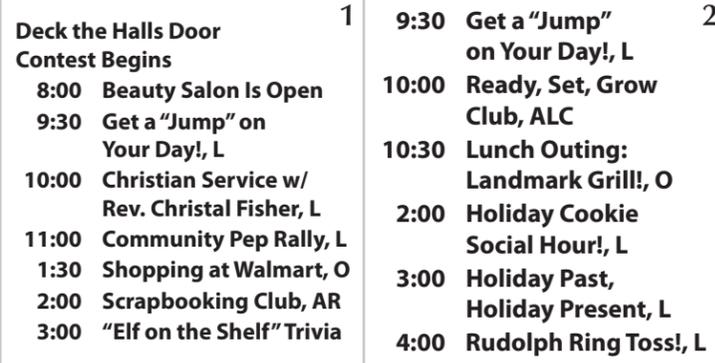
## Birthdays

- Dawn Kasper, 7th (Employee)
- Harold Lang, 15th
- Patsy Binkley, 16th
- Carolyn Conn, 24th
- Crystal Leeks, 24th (Employee)

"If you carry joy in your heart, you can heal any moment."

—Neale Donald Walsch

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>4</p> <p><b>National Free Hug Day!</b></p> <p>8:30 New Covenant Baptist Church, L</p> <p>2:00 Bible Study w/ Rob Harrison, L</p> <p>3:00 Puzzle Mania, AR</p> <p>5:30 Cinema Sundays, L</p>	<p>5</p> <p>9:30 Shopping at Albertsons, O</p> <p>9:30 Exercise With Legacy, AR</p> <p>10:15 Story, Joke or Quote to Share, L</p> <p>1:00 Making Life Easier w/Joni of Home Helpers, AR</p> <p>3:00 Resident Choice of Chat or Game!, AR</p>	<p>6</p> <p>9:30 Shopping at Walmart, O</p> <p>9:30 Catholic Communion</p> <p>10:00 Exercise Extreme With Kelly of Lake Village, L</p> <p>1:00 Art Expression Christmas Stockings!, AR</p> <p>2:30 Bible Study w/Laura, L</p> <p>3:00 Holiday Music Singalong!, L</p>	<p>7</p> <p>Beauty Salon Is Open</p> <p>Pearl Harbor Day</p> <p>9:45 Tone Those Bones w/ Erin (Rehab Trust), AR</p> <p>1:00 Pearl Harbor Day Social Hour, L</p> <p>2:00 Bible Study w/ Rob Harrison, L</p> <p>3:00 Bingo's Birthday Month, AR</p>	<p>8</p> <p>8:00 Beauty Salon Is Open</p> <p>9:30 Get a "Jump" on Your Day!, L</p> <p>10:00 Christian Service w/ Rev. Christal Fisher, L</p> <p>1:30 Shopping at Walmart, O</p> <p>2:00 Scrapbooking Club, AR</p> <p>3:00 "Walk the Halls"!</p> <p>6:30 Christmas Tree Forest Event!</p>	<p>9</p> <p>Wear Christmas Colors Day!</p> <p>9:30 Get a "Jump" on Your Day!, L</p> <p>10:00 Christmas Carols With Forest Vista Elementary!, L</p> <p>2:00 Hot Cocoa Social Hour!, L</p> <p>3:00 Name That Reindeer!, L</p> <p>4:00 Rudolph Ring Toss!, L</p>	<p>10</p> <p>9:30 Gold Chair Exercise, AR</p> <p>1:00 "It's a Wonderful Life" Movie and Popcorn!, L</p> <p>3:00 Saturday Bingo, AR</p>
<p>11</p> <p>8:30 New Covenant Baptist Church, L</p> <p>2:00 Bible Study w/ Rob Harrison, L</p> <p>3:00 Puzzle Mania, AR</p> <p>5:30 Cinema Sundays, L</p>	<p>12</p> <p>Frank Sinatra's Birthday!</p> <p>9:30 Shopping at Albertsons, O</p> <p>9:30 Exercise With Legacy, AR</p> <p>10:15 Story, Joke or Quote to Share, L</p> <p>1:00 Making Life Easier w/Joni of Home Helpers, AR</p> <p>2:00 "Sinatramania," L</p> <p>3:00 Resident Choice of Chat or Game!, AR</p>	<p>13</p> <p>Start of the Twelve Days of Christmas!</p> <p>9:30 Shopping at Walmart, O</p> <p>9:30 Catholic Communion</p> <p>10:00 Exercise Extreme With Kelly of Lake Village, L</p> <p>1:00 Art Expression: Making Snowflakes!, AR</p> <p>2:30 Bible Study w/Laura, L</p> <p>3:00 "White Elephant" Gift Exchange!, L</p> <p>6:00 Christmas Light Tour!, O</p>	<p>14</p> <p>Beauty Salon Is Open</p> <p>9:45 Tone Those Bones w/Erin (Rehab Trust), AR</p> <p>1:00 Walking Warriors!, ALPL</p> <p>2:00 Bible Study w/ Rob Harrison, L</p> <p>3:00 Town Hall Meeting, L</p> <p>3:30 Jingle Bell Bingo!, AR</p>	<p>15</p> <p>National Lemon Cupcake Day!</p> <p>8:00 Beauty Salon Is Open</p> <p>9:30 Get a "Jump" on Your Day!, L</p> <p>10:00 Christian Service w/ Rev. Christal Fisher, L</p> <p>1:30 Shopping at Walmart, O</p> <p>2:00 Scrapbooking Club, AR</p> <p>3:00 Naughty or Nice Lemon Cupcakes!, AR</p>	<p>16</p> <p>9:30 Get a "Jump" on Your Day!, L</p> <p>10:00 Ready, Set, Grow Club, ALC</p> <p>10:30 Lunch Outing: Red Robin!, O</p> <p>2:00 Christmas Sweater BD Bash Social Hour!, L</p> <p>4:00 Rudolph Ring Toss!, L</p>	<p>17</p> <p>National Maple Syrup Day!</p> <p>9:30 Gold Chair Exercise, AR</p> <p>10:00 Pancakes &amp; Maple Syrup!, AR</p> <p>3:00 Saturday Bingo, AR</p>
<p>18</p> <p>8:30 New Covenant Baptist Church, L</p> <p>2:00 Bible Study w/ Rob Harrison, L</p> <p>3:00 Puzzle Mania, AR</p> <p>5:30 Cinema Sundays, L</p>	<p>19</p> <p>9:30 Shopping at Albertsons, O</p> <p>9:30 Exercise With Legacy, AR</p> <p>10:15 Story, Joke or Quote to Share, L</p> <p>1:00 Making Life Easier w/Joni of Home Helpers, AR</p> <p>3:00 Resident Choice of Chat or Game!, AR</p>	<p>20</p> <p>9:30 Shopping at Walmart, O</p> <p>9:30 Catholic Communion</p> <p>10:00 Exercise Extreme With Kelly of Lake Village, L</p> <p>1:00 Art Expression: Painting Poinsettias!, AR</p> <p>2:30 Bible Study w/Laura, L</p> <p>3:00 Giant Crossword Puzzle Challenge!, L</p>	<p>21</p> <p>WINTER BEGINS</p> <p>Beauty Salon Is Open</p> <p>First Day of Winter</p> <p>9:45 Tone Those Bones w/ Erin (Rehab Trust), AR</p> <p>1:00 Walking Warriors!, ALPL</p> <p>1:00 Winter Wonderland Around the World!, L</p> <p>2:00 Bible Study w/ Rob Harrison, L</p> <p>3:00 No Grinch Bingo!, AR</p> <p>4:00 Ambassador Meeting, AR</p>	<p>22</p> <p>National Short Girl Day!</p> <p>8:00 Beauty Salon Is Open</p> <p>9:30 Get a "Jump" on Your Day!, L</p> <p>10:00 Christian Service w/ Rev. Christal Fisher, L</p> <p>1:30 Shopping at Walmart, O</p> <p>2:00 Scrapbooking Club, AR</p> <p>3:00 Fun With a Short Girl!, L</p>	<p>23</p> <p>Wear Your Christmas Hat Day!</p> <p>9:30 Get a "Jump" on Your Day!, L</p> <p>10:00 Ready, Set, Grow Club, ALC</p> <p>2:00 Dear Santa Social Hour!, L</p> <p>3:00 Holiday Music Singalong!, L</p> <p>4:00 Rudolph Ring Toss!, L</p>	<p>24</p> <p>CHRISTMAS EVE</p> <p>HANUKKAH BEGINS AT SUNSET</p> <p>National Egg Nog Day!</p> <p>9:30 Gold Chair Exercise, AR</p> <p>1:00 Using Your Noggin &amp; Eggnog Tasting!</p> <p>3:00 Saturday Bingo, AR</p>
<p>25</p> <p>CHRISTMAS DAY</p> <p>8:30 New Covenant Baptist Church, L</p> <p>2:00 Bible Study w/ Rob Harrison, L</p> <p>3:00 Holiday Movie, L</p>	<p>26</p> <p>9:30 Shopping at Albertsons, O</p> <p>9:30 Exercise With Legacy, AR</p> <p>10:15 Story, Joke or Quote to Share, L</p> <p>1:00 Making Life Easier w/Joni of Home Helpers, AR</p> <p>3:00 Resident Choice of Chat or Game!, AR</p>	<p>27</p> <p>9:30 Shopping at Walmart, O</p> <p>9:30 Catholic Communion</p> <p>10:00 Exercise Extreme With Kelly of Lake Village, L</p> <p>1:00 Art Expression: New Year Cards!, AR</p> <p>2:30 Bible Study w/ Laura, L</p> <p>3:00 Giant Crossword Puzzle Challenge!, L</p>	<p>28</p> <p>Beauty Salon Is Open</p> <p>9:45 Tone Those Bones w/Erin (Rehab Trust), AR</p> <p>1:00 Walking Warriors!, ALPL</p> <p>2:00 Bible Study w/ Rob Harrison, L</p> <p>3:00 Gingerbread Man Bingo!, AR</p>	<p>29</p> <p>8:00 Beauty Salon Is Open</p> <p>9:30 Get a "Jump" on Your Day!, L</p> <p>10:00 Christian Service w/ Rev. Christal Fisher, L</p> <p>1:30 Shopping at Walmart, O</p> <p>2:00 Scrapbooking Club, AR</p> <p>3:00 Fresh Baked Bread!, AR</p>	<p>30</p> <p>9:30 Get a "Jump" on Your Day!, L</p> <p>10:00 Ready, Set, Grow Club, ALC</p> <p>2:00 A Toast of Celebration Social Hour!, L</p> <p>4:00 Rudolph Ring Toss!, L</p>	<p>31</p> <p>NEW YEAR'S EVE</p> <p>3:00 Saturday Bingo, AR</p> <p>10:00 Bring in the New Year With Bubbly Cheers!, L</p>