

## How the World Celebrates the New Year

In the U.S., the New Year is often ushered in with parties, fireworks and a midnight kiss. The rest of the world revels in a variety of traditions.



**Spain** — At the stroke of midnight, people in Spain eat 12 grapes, one for each month of the year ahead, for good luck.

**Russia** — In the country's region of Siberia, divers plunge into icy lakes to place a New Year tree, or "yolka," beneath the water's surface, symbolizing a new beginning.

**Germany** — Germans give a sweet greeting to Jan. 1 by eating the jelly doughnut known as a "Berliner," "Pfannkuchen" or "Krapfen."

**Japan** — All across this Asian nation, the sound of cities ringing in the New Year can be heard at midnight, when bells chime 108 times as a cleansing ritual.

**Colombia** — Those hoping for travel adventures in the coming year will carry an empty suitcase with them, a custom in Colombia and other Latin American countries.

**Greece** — Symbolizing renewal, onions are hung on doorways as a good luck token.

**Brazil** — To bring prosperity and good luck, Brazilians wear white on New Year's Eve and toss white flowers and candles into the ocean.

**Turkey** — At midnight, people here sprinkle salt on their doorsteps, which is believed to bring peace and good fortune.

**Finland** — A crafty custom in Finland is to melt down some tin and then pour it into cold water. When the metal hardens, the shape it forms gives a prediction for the year to come.

**Romania** — For protection in the new year, many dress up as bears and perform a dance to scare away bad luck.



## Trailblazing Book Club

From beauty samples to meal kits, you can get just about anything delivered to your door by way of a monthly subscription service. One of this trend's earliest trailblazers was the Book of the Month Club.

In 1916, adman Harry Scherman and his business partners launched the Little Leather Library Corporation, a mail-order service that offered small leather-bound copies of classic novels to subscribers. When that venture ended, Scherman banked on the same idea and co-founded the Book of the Month Club in 1926.

Since many people did not have easy access to new books, the club provided members the convenience of receiving a hardcover book each month by mail. These Book of the Month selections were often from up-and-coming authors. The first year, Ernest Hemingway's "The Sun Also Rises" was featured.

In time, the Book of the Month Club brand gained literary prestige. Many of its selections went on to become Pulitzer Prize winners, including Margaret Mitchell's 1936 novel "Gone With the Wind." By 1966, the club's membership had grown to 1 million subscribers.

Today, the club is a web-based subscription service, and members have the added perk of discussing their reads with fellow members, the selection committee and authors in the club's online forums.



## Main Events



## Dear Residents, Families, and Friends

Happy New Year, 2019! Gratitude is a word that comes to mind when reviewing this month's activities. As we hope to live a life of grace and gratefulness, it is important to thank those who have been so good to us! It is also with gratitude that we thank you for entrusting your loved ones to us as a partnership in care. We are much more successful in bringing love and joy to those we serve when we join together.

December was a lovely month full of holiday activities. Many school groups caroled throughout our community; what a festive month with all the trees throughout the community! A special thank you to all the vendors who participated in the holiday spirit. January will also be a busy month filled with many outings in the community and our Midnight Masquerade (Main Event) Jan. 17, at 6:15 p.m. A very sincere thanks to each family and resident who donated to our Employee Appreciation Fund. Donations were beyond our expectations. We held a fun-filled Party where employees received your gifts, and our staff was and is very appreciative.

As we begin 2019, may we remain thankful for all that we do together to enhance the lives of those who are so precious to us. We are dedicated to enhancing quality of life for all our residents. May 2019 be the best year yet!

*Erin Montgomery, Executive Director*





### Birthdays

Don Cairns, 1st

Victoria Jackson, 1st (Employee)

Hortencia Reyes, 3rd (Employee)

Laverne Eckley, 5th

Khadeeja Bah, 6th

John Mark West, 8th

Edna Fields, 11th

Helen Mercatante, 14th

Joy Pilgrim, 15th

Terrie Nicholson, 15th

Janis Howell, 16th

Shirley Spoon, 19th

Jo Andres, 19th

Socorro "Coco" Ruiz, 21st (Employee)

Mary Lou Taylor, 23rd

Lois Powers, 26th

### Transportation Schedule

**Monday, 10 a.m.**

Grocery Stores

**Tuesday, 10 a.m.**

Walmart

**Wednesday, 10 a.m.**

Post Office/Bank

**Thursday, 10 a.m.**

Walmart

**Thursday, 2:30 p.m.**

Misc. Errands

**Friday, 9:30 a.m.**

Express Errands

**Friday, TBA**

Field Trips/Outing

"The beginning is the most important part of any work."

—Plato

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Locations</b></p> <p>AL Parking Lot, ALPL Bistro, B Community Room, CR Dining Room, DR Dog Park, DG Fitness Room, F Flagpole, FP</p>	<p>Garden, G Library, LL Lobby, L Outing, O Route 66, R66 Theater, TH</p>	<p>NEW YEAR'S DAY 1</p> <p>10:00 <b>Rose Bowl Parade, R66</b></p> <p>10:30 New Year's Wonder Word Search, L</p> <p>4:00 <b>Rose Bowl Game, R66</b></p> <p>6:00 Card Games, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 2</p> <p>10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L</p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>2:00 <i>Sassy Senior \$1 Bingo, CR</i></p> <p>6:00 Card Games, B</p> <p>6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b> 3</p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:15 <b>Bible Study w/Pastor Frances, CR</b></p> <p>12:30 <b>Singalong, O</b></p> <p>1:00 Bridge Club, CR</p> <p>2:30 <b>Misc. Errands, O</b></p> <p>6:00 Card Games, B</p>	<p><b>National Trivia Day</b> 4</p> <p>9:30 Walking Warriors, B</p> <p>9:30 <b>Express Errands, O</b></p> <p>10:00 Coffee &amp; Snacks Friday Social, L</p> <p>10:30 <b>Live Well Strength w/Legacy, CR</b></p> <p>2:00 Wonder Word Challenge</p> <p>3:30 <b>Trivia w/a Twist Happy Hour, L</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors 5</p> <p>10:30 Coffee &amp; Conversation, L</p> <p>1:00 Trivia Pursuit, LL</p> <p>1:30 Card Games, B</p> <p>2:30 <b>Fun Flicks and Popcorn, TH</b></p> <p>3:30 Billiards (Pool)</p> <p>7:00 Crazy Card Game, B</p>
<p><b>Golden Globes</b> 6</p> <p>7:30 The Truth in Love (TV Channel 7), R66</p> <p>8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66</p> <p>9:00 Bible Study, CR</p> <p>1:15 Chicken Foot, LL</p> <p>3:00 Resident Choice Game</p> <p>6:30 Resident Card Games, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 7</p> <p>10:00 Coffee &amp; Snacks Monday Social, L</p> <p>10:00 <b>Dollar Tree, O</b></p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>1:00 Bridge Club, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>2:30 <b>Singalong w/Karen, L</b></p> <p>3:15 <b>Trivia Club, B</b></p> <p>3:30 <b>Lewisville Estates Golden Globes Awards Social, L</b></p> <p>6:00 Card Games, B</p>	<p><b>Elvis Birthday Week</b> 8</p> <p>9:30 <b>Chair Zumba Class w/Patty, CR</b></p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B</p> <p>10:30 Rosary Service, B</p> <p>2:30 <b>Town Hall Meeting, CR</b></p> <p>3:15 <b>New Year's Resolution Social w/Sunshine, B</b></p> <p>6:00 Card Games, B</p>	<p><b>Appreciation Day</b> 9</p> <p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b></p> <p>10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L</p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>2:00 <i>Sassy Senior \$1 Bingo, CR</i></p> <p>3:30 <b>Making Appreciation Cards, CR</b></p> <p>6:00 Card Games, B</p> <p>6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b> 10</p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:15 <b>Bible Study w/Pastor Frances, CR</b></p> <p>12:30 <b>Singalong, O</b></p> <p>1:00 Bridge Club, CR</p> <p>2:30 <b>Misc. Errands, O</b></p> <p>2:30 <b>Busy Hand Club, R66</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors, B 11</p> <p>9:30 <b>Express Errands, O</b></p> <p>10:00 Coffee &amp; Snacks Friday Social, L</p> <p>10:30 <b>Live Well Strength w/Legacy, CR</b></p> <p>11:00 <b>Out to Olive Garden, O</b></p> <p>2:00 Wonder Word Challenge</p> <p>3:30 <b>Jail House Rock Happy Hour, L</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors 12</p> <p>10:30 Coffee &amp; Conversation, L</p> <p>1:00 Trivia Pursuit, LL</p> <p>1:30 Card Games, B</p> <p>2:30 <b>Fun Flicks and Popcorn, TH</b></p> <p>3:30 Billiards (Pool)</p> <p>7:00 Crazy Card Game, B</p>
<p>7:30 The Truth in Love (TV Channel 7), R66</p> <p>8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66</p> <p>9:00 Bible Study, CR</p> <p>1:15 Chicken Foot, LL</p> <p>3:00 Resident Choice Game</p> <p>6:30 Resident Card Games, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 14</p> <p>10:00 Coffee &amp; Snacks Monday Social, L</p> <p>10:00 <b>Big Lots, O</b></p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>1:00 Bridge Club, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>2:30 <b>Singalong w/Karen, L</b></p> <p>3:15 <b>Trivia Club, B</b></p> <p>6:00 Card Games, B</p>	<p>9:30 <b>Chair Zumba Class w/Patty, CR</b> 15</p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B</p> <p>10:30 Rosary Service, B</p> <p>11:00 Gift Galore (Vendor), L</p> <p>2:30 Art Expression, CR</p> <p>6:00 Card Games, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 16</p> <p>10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L</p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>2:00 <i>Sassy Senior \$1 Bingo, CR</i></p> <p>3:30 <b>Book Club: Reader's Club, LL</b></p> <p>6:00 Card Games, B</p> <p>6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b> 17</p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:15 <b>Bible Study w/Pastor Frances, CR</b></p> <p>12:30 <b>Singalong, O</b></p> <p>1:00 Bridge Club, CR</p> <p>2:30 <b>Misc. Errands, O</b></p> <p>3:30 <b>Social Hour w/Legacy, B</b></p> <p>6:00 Card Games, B</p> <p>6:15 <b>Midnight Masquerade (Main Event), DR</b></p>	<p>9:30 Walking Warriors, B 18</p> <p>9:30 <b>Express Errands, O</b></p> <p>10:00 Coffee &amp; Snacks Friday Social, L</p> <p>10:30 <b>Live Well Strength w/Legacy, CR</b></p> <p>2:00 Wonder Word Challenge</p> <p>3:30 <b>What Is Popping Happy Hour, L</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors 19</p> <p>10:30 Coffee &amp; Conversation, L</p> <p>1:00 Trivia Pursuit, LL</p> <p>1:30 Card Games, B</p> <p>2:30 <b>Fun Flicks and Popcorn, TH</b></p> <p>3:30 Billiards (Pool)</p> <p>7:00 Crazy Card Game, B</p>
<p>7:30 The Truth in Love (TV Channel 7), R66</p> <p>8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66</p> <p>9:00 Bible Study, CR</p> <p>1:15 Chicken Foot, LL</p> <p>3:00 Resident Choice Game</p> <p>6:30 Resident Card Games, B</p>	<p>MARTIN LUTHER KING JR. DAY 21</p> <p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 21</p> <p>10:00 Coffee &amp; Snacks Monday Social, L</p> <p>10:00 <b>Dollar Tree, O</b></p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>1:00 Bridge Club, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>2:30 <b>Singalong w/Karen, L</b></p> <p>3:00 <b>Star Kids Musical, L</b></p> <p>6:00 Card Games, B</p>	<p>9:30 <b>Chair Zumba Class w/Patty, CR</b> 22</p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B</p> <p>10:30 Rosary Service, B</p> <p>2:30 Art Expression, CR</p> <p>6:00 Card Games, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 23</p> <p>10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L</p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>2:00 <i>Sassy Senior \$1 Bingo, CR</i></p> <p>6:00 Card Games, B</p> <p>6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b> 24</p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:15 <b>Bible Study w/Pastor Frances, CR</b></p> <p>12:30 <b>Singalong, O</b></p> <p>1:00 Bridge Club, CR</p> <p>2:30 <b>Misc. Errands, O</b></p> <p>2:30 <b>Busy Hand Club, R66</b></p> <p>3:30 <b>Compliments and Ideas Social w/Patty, B</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors, B 25</p> <p>9:30 <b>Express Errands, O</b></p> <p>10:00 Coffee &amp; Snacks Friday Social, L</p> <p>10:30 <b>Live Well Strength w/Legacy, CR</b></p> <p>11:00 <b>Out to Pizza Inn, O</b></p> <p>2:00 Wonder Word Challenge</p> <p>3:30 <b>Birthday Bash, L</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors 26</p> <p>10:30 Coffee &amp; Conversation, L</p> <p>1:00 Trivia Pursuit, LL</p> <p>1:30 Card Games, B</p> <p>2:30 <b>Fun Flicks and Popcorn, TH</b></p> <p>3:30 Billiards (Pool)</p> <p>7:00 Crazy Card Game, B</p>
<p>7:30 The Truth in Love (TV Channel 7), R66</p> <p>8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66</p> <p>9:00 Bible Study, CR</p> <p>1:15 Chicken Foot, LL</p> <p>3:00 Resident Choice Game</p> <p>6:30 Resident Card Games, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 28</p> <p>10:00 Coffee &amp; Snacks Monday Social, L</p> <p>10:00 <b>Out to Tom Thumb, O</b></p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>1:00 Bridge Club, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>2:30 <b>Singalong w/Karen, L</b></p> <p>3:15 <b>Trivia Club, B</b></p> <p>6:00 Card Games, B</p>	<p>9:30 <b>Chair Zumba Class w/Patty, CR</b> 29</p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B</p> <p>10:30 Rosary Service, B</p> <p>2:30 Art Expression, CR</p> <p>2:30 Scrapbooking Club, CR</p> <p>6:00 Card Games, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 30</p> <p>10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L</p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>2:00 <i>Sassy Senior \$1 Bingo, CR</i></p> <p>4:30 <b>Out for Dinner Angelina's, O</b></p> <p>6:00 Card Games, B</p> <p>6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b> 31</p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:15 <b>Bible Study w/Pastor Frances, CR</b></p> <p>12:30 <b>Singalong, O</b></p> <p>1:00 Bridge Club, CR</p> <p>2:30 <b>Misc. Errands, O</b></p> <p>6:00 Card Games, B</p>		