



From Our Executive Director

As we step into February, we greet the crisp, winter air and feel the warmth of the fire, and the love of family and friends. This month we celebrate the month of love. We would like to have everyone come and share in the fun and love with us at the Flamingle Party. It will be lots of fun and food. This month will be filled with lots of love and football. We also want to say thank you for always being such an integral part of our community. Your enthusiasm and participation make every event a success and contribute to the vibrant atmosphere we cherish. Here's to a fun-filled, loving and fantastic month. Thank you so much for the cheer and joy you bring all of us. Let's have a blast and get ready for the Super Bowl. Also remember to be kind to one another and love each other every day.



FEBRUARY 2025

David Aniedi for Employee of the Month

Ladies and Gentlemen, it is with great pleasure and admiration that we announce David Aniedi as our Employee of the Month for February. David Aniedi has been a remarkable asset to our team, consistently going above and beyond in his role as Med Tech. His exceptional service and dedication have not only ensured the love that he has for the residents, but also with his fellow employees. David is a very caring person, and would go above and beyond for anyone. Also, he fosters a positive work environment. His dedication to excellence is evident in everything he does. Congratulations, David! Thank you for everything you do.



INDEPENDENT LIVING

FEBRUARY 2025

Locations

- Parking Lot PL
- Bistro B
- Community Room CR
- Dining Room DR
- Fitness Room FR
- Garden G
- Library LL
- Lobby L
- Outing O
- Route 66 R66
- Theater TH

Monday, 10AM (Grocery Stores)

Tuesday & Thursday, 10AM (Walmart)

Wednesday, 10AM (Post Office/Bank)

Thursday, 2:30PM (Misc. Errands)

Friday, 9:30AM

Happy Birthday

- 2-Sue Buchanan
- 2-Wayne Kule
- 2-Candace Rollins
- 3-Steve Conner
- 8-Nancy Carroll
- 12-Vernon Lambert
- 14-Suzanne Husband
- 14-Arlene French
- 15-Jeannie Morris
- 16-Lynn Bahn
- 19-Maggie Rodriguez
- 20-Deborah Baker
- 22-Dolores Casal

**"While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch."
—Patience Strong**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	3 11:00 Morning Devotional (CR) 2:00 Spades 3:30 Uno With Laurie	4 9:35 Walmart Shopping (O) 10:00 Catholic Communion (Bistro) 2:00 Amerilife Seminar With Kenneth CR	5 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Post Office/Bank (O) 10:00 Strength Class w/ Legacy (CR) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Billion Dollar Bingo (B) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Uno, Scoops, & Friends	6 9:35 Walmart Shopping (O) 2:30 Misc. Errands (O) 3:30 Dominos for Men	7 9:30 Honk Jr 10:00 Bible Study (CR) 2:00 Hand & Foot (FR) 3:30 Happy Hour With Music CR	8 1:00 Movie 1883 Ep 1 PG With Laurie 3:30 Spades
9 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	10 11:00 Morning Devotional (CR) 2:00 Spades 3:00 Skipbo	11 9:35 Walmart Shopping (O) 10:00 Catholic Communion (Bistro) 2:00 Resident Council 2:30 Town Hall Meeting (CR)	12 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Post Office/Bank (O) 10:00 Strength Class w/ Legacy (CR) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Billion Dollar Bingo (B) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Uno, Scoops, & Friends	13 9:35 Walmart Shopping (O) 2:30 Misc. Errands (O) 3:30 Dominos for the Ladies With Laurie	14 Happy Valentine's Day 10:00 Bible Study (CR) 2:00 Come Flamingle with us and Music 4:00 Spades	15 1:00 Movie 1883 Ep 2 PG With Laurie 3:00 Bingo With Laurie 3:30 Spades
16 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	17 Presidents Day 11:00 Morning Devotional (CR) 2:00 Spades 3:30 Uno With Laurie	18 9:35 Walmart Shopping (O) 10:00 Catholic Communion (Bistro) 3:00 Veterans' Seminar	19 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Post Office/Bank (O) 10:00 Strength Class w/ Legacy (CR) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Billion Dollar Bingo (B) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Uno, Scoops, & Friends	20 9:35 Walmart Shopping (O) 2:30 Misc. Errands (O) 3:00 Crafts With Laurie	21 10:00 Bible Study (CR) 2:00 Hand & Foot (FR) 2:30 Guy Movie Day 4:00 Spades	22 3:00 Bingo With Laurie 3:30 Spades
23 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	24 11:00 Morning Devotional (CR) 2:00 Spades 3:00 Skipbo	25 9:35 Walmart Shopping (O) 10:00 Catholic Communion (Bistro)	26 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Post Office/Bank (O) 10:00 Strength Class w/ Legacy (CR) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Billion Dollar Bingo (B) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Uno, Scoops, & Friends	27 9:35 Walmart Shopping (O) 2:30 Misc. Errands (O)	28 9:30 Hello Dolly 10:00 Bible Study (CR) 2:00 Hand & Foot (FR) 3:00 Uno With Laurie	



A Peek at Polar Bears

Polar bears are a high-profile species, seen in films, storybooks and ads. "Paws" for a minute to learn all about these fascinating animals.

- Polar bears spend most of their lives on the sea ice of the Arctic Ocean. Their scientific name, *ursus maritimus*, means "sea bear," and they are classified as marine mammals.
- With large males weighing up to 1,700 pounds and standing 11 feet tall on their hind legs, polar bears are the planet's largest land carnivores. Females are about half as big as males, and newborn bears are the size of a guinea pig.
- Although they appear white, polar bears have hollow fur, which reflects light and acts as camouflage in their snowy environment. Under their coat, the bears have black skin that absorbs sunlight and keeps them warm.
- When swimming, polar bears use their back legs as a rudder to steer, and their front paws to move forward at speeds up to 6 mph. On land, they can run up to 25 mph.
- Since clean fur provides better insulation, the bears bathe by rolling around in the snow.
- When not rearing cubs, polar bears are mostly solitary, but will occasionally gather in groups, called sleuths.
- The Inuit of Canada call the polar bear *nanuq*, which means "an animal worthy of great respect."
- The first Coca-Cola ads featuring polar bears aired in 1993, and the animals have since become mascots for the company.