



MARCH 2025



Staff and Residents Celebrate National Wear Red Day

Today, our community came together in a sea of red to support **National Wear Red Day**, raising awareness for heart health! Staff and Residents proudly wore their brightest shades of red, showing solidarity in the fight against heart disease.

The month has been filled with meaningful conversations about heart-healthy habits, fun activities and a shared commitment to wellness.



Employee of the Month!

Congratulations, Marisol Ruiz!

We are thrilled to announce that Marisol Ruiz, a dedicated member of our housekeeping team, has been recognized as our Employee of the Month. Although she has been with us for a short time, Marisol has already proven to be an invaluable asset to our community.

Memorable Melody: 'When Irish Eyes Are Smiling'

This beloved musical tribute to the Emerald Isle was written by three Americans in 1912, at a time when Irish ballads were enormously popular in the U.S. Chauncey Olcott, George Graff Jr. and Ernest Ball wrote the song for the Broadway play "The Isle O' Dreams," and its lighthearted lyrics and catchy melody appealed to audiences. Along with becoming a St. Patrick's Day standard, the tune has been featured in dozens of Irish-themed films and TV shows.

Locations

- Parking Lot PL
- Bistro B
- Community Room CR
- Dining Room DR
- Fitness Room FR
- Garden G
- Library LL
- Lobby L
- Outing O
- Route 66 R66
- Theater TH

Monday, 10AM (Grocery Stores)

Tuesday & Thursday, 10AM (Walmart)

Wednesday, 10AM (Post Office/Bank)

Thursday, 2:30PM (Misc. Errands)

Friday, 9:30AM

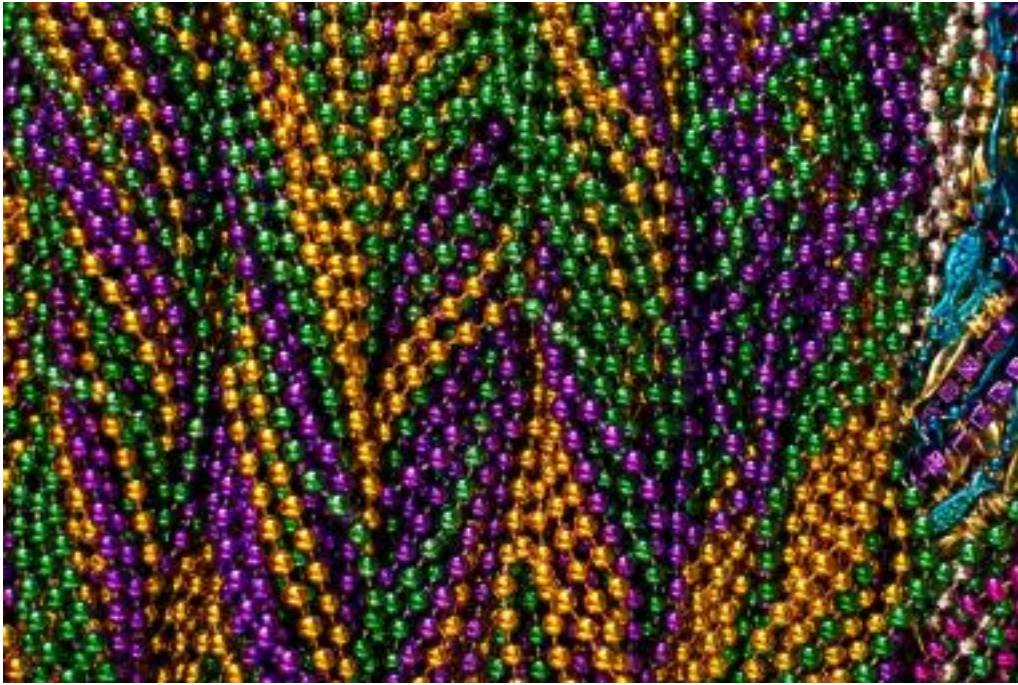
Famous Firsts: Academy Awards

Unlike today's spectacle, the first Academy Awards celebration in 1929 was a small affair with just 270 people. A private dinner at a Hollywood hotel honored the film industry's best in 12 categories, and the winners had been announced months earlier.

"Flowers don't worry about how they're going to bloom. They just open up and turn toward the light and that makes them beautiful."

—Jim Carrey

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 	3 	4 	5 	6 	7 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Rummikub (FR) 3:00 Bingo With Laurie (B) 3:00 Five Crowns (FR)
8 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Rummikub (FR) 3:00 Bingo With Laurie (B) 3:00 Five Crowns (FR)	9 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	10 9:00 Coffee and crosswords (L) ☕ 10:00 Tai Chi with Bruce (CR) ↔ 11:00 Morning Devotional (CR) † 2:00 Spades (B) 3:30 Uno (B) 6:30 Nichols (B)	11 Mardi Gras 9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O) 🛒 10:00 Catholic Communion (Bistro) 1:30 Hand and Foot (FR) 2:00 Mardi Gras Party w/Just Jazz (CR) 🎷	12 9:00 Coffee and crosswords (L) ☕ 9:45 Blood Pressure Clinic w/ Legacy (CR) 🩺 10:00 Post Office/Bank (O) 🏠 10:00 Stephan H Jewelry and Clothing (B) 10:00 Strength Class w/ Legacy (CR) 10:30 Bible study W/Linda Abel (TH) 2:00 Bingo for Prizes w/Amerilife of Texas (CR) 3:00 Mexican Train (CR) 3:30 Uno (B)	13 9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O) 🛒 10:30 Rummikub (B) 11:30 Lunch Buddies Olive Garden (O) 1:30 Poker (B) 2:00 Hand & Foot (FR) 2:00 Magician (CR) 3:00 Bunco (B)	14 9:00 Coffee and crosswords (L) ☕ 10:00 Bible Study Rev Laymon (CR) 1:30 Poker (B) 2:00 Hand & Foot (FR) 3:00 Bunco (B)
15 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Rummikub (FR) 3:00 Bingo With Laurie (B) 3:00 Five Crowns (FR)	16 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	17 St. Patrick's Day 9:00 Coffee and crosswords (L) ☕ 10:00 Tai Chi with Bruce ↔ 11:00 Morning Devotional (CR) † 1:30 Spades (B) 2:00 St. Patrick's Day Social (CR) 3:30 Uno (B) 6:30 Nichols (B)	18 9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O) 🛒 10:00 Catholic Communion (Bistro) 1:30 Hand and Foot (FR) 3:00 Seated Volleyball (CR)	19 9:00 Coffee and crosswords (L) ☕ 9:00 Men's Breakfast @Moma Daughters 🍳 9:45 Blood Pressure Clinic w/ Legacy (CR) 🩺 10:00 Post Office/Bank (O) 🏠 10:00 Strength Class w/ Legacy (CR) 10:30 Bible study W/Linda Abel (TH) 2:00 Bingo for Prizes w/Amerilife of Texas (CR) 3:00 Mexican Train (CR) 3:30 Uno (B)	20 9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O) 🛒 10:30 Chef Demo (CR) 10:30 Rummikub (B) 11:30 Lunch Buddies Sullivans BBQ (O) † 2:00 Happy Hour w/Linda Winfrow (CR) 2:30 Misc. Errands (O) 🛒 3:00 Dominoes (B)	21 9:00 Coffee and crosswords (L) ☕ 10:00 Bible Study Rev Laymon (CR) 1:30 Poker (B) 2:00 Hand & Foot (FR) 3:00 Bunco (B)
22 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Rummikub (FR) 3:00 Bingo With Laurie (B) 3:00 Five Crowns (FR)	23 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	24 10:00 Tai Chi with Bruce ↔ 11:00 Morning Devotional (CR) † 2:00 Spades (B) 3:00 Craft and Chat (CR) ☕ 3:30 Uno (B) 6:30 Nichols (B)	25 9:00 Coffee and crosswords (L) ☕ 9:30 Winstar (O) 🎮 10:00 Catholic Communion (Bistro) 1:30 Hand and Foot (FR) 3:00 Seated Volleyball (CR)	26 9:00 Coffee and crosswords (L) ☕ 9:45 Blood Pressure Clinic w/ Legacy (CR) 🩺 10:00 Post Office/Bank (O) 🏠 10:00 Strength Class w/ Legacy (CR) 10:30 Bible study W/Linda Abel (TH) 2:00 Bingo for Prizes w/Amerilife of Texas (CR) 3:00 Mexican Train (CR) 3:30 Uno (B)	27 9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O) 🛒 10:30 Rummikub (B) 11:30 Lunch Buddies Dairy Queen (O) † 2:30 Misc. Errands (O) 🛒 3:00 Dominoes (B)	28 9:00 Coffee and crosswords (L) ☕ 10:00 Bible Study Rev Laymon (CR) 1:30 Poker (B) 2:00 Hand & Foot (FR) 2:00 Happy Hour True Creek (CR) 🎷
29 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Rummikub (FR) 3:00 Bingo With Laurie (B) 3:00 Five Crowns (FR)	30 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Community Church 1:30 Bridge 1:30 Private Party (C) 3:00 Card Game Mania	31 10:00 Tai Chi with Bruce ↔ 11:00 Morning Devotional (CR) † 2:00 Spades (B) 3:30 Uno (B) 6:30 Nichols (B)	32 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L) ↔ 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	33 9:00 Coffee and crosswords (L) ☕ 9:45 Blood Pressure Clinic w/ Legacy (CR) 🩺 10:00 Post Office/Bank (O) 🏠 10:00 Strength Class w/ Legacy (CR) 10:30 Bible study W/Linda Abel (TH) 2:00 Bingo for Prizes w/Amerilife of Texas (CR) 3:00 Mexican Train (CR) 3:30 Uno (B)	34 9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O) 🛒 10:30 Rummikub (B) 11:30 Lunch Buddies Dairy Queen (O) † 2:30 Misc. Errands (O) 🛒 3:00 Dominoes (B)	35 9:00 Coffee and crosswords (L) ☕ 10:00 Bible Study Rev Laymon (CR) 1:30 Poker (B) 2:00 Hand & Foot (FR) 2:00 Happy Hour True Creek (CR) 🎷



Brain teaser

Q: I go forward; I go back. I'm in some mattresses when you hit the sack! I'm also a break and a form of training. I'm a fever, water and a type of cleaning. What am I?

A: Spring!

Laugh Lines: March Moments

March holds many holidays and events, including Dr. Seuss Day, St. Patrick's Day, Pi Day and the March Madness basketball tournament. Browse through these jokes for laughs about all things March.

Q: What should you say to a runner in the St. Patrick's Day marathon?

A: Irish you luck!

Q: Why don't you iron four-leaf clovers?

A: Because you don't want to press your luck.

Q: What did March say to all the madness?

A: What's all that bracket?!

Q: Why doesn't the Grinch like knock-knock jokes?

A: Because there are always Whos there.

Q: What is the official animal of Pi Day?

A: The pi-thon.

Q: Why is everyone so tired on April 1?

A: Because they've just finished a long, 31-day March.

Q: How is the letter A like a spring flower?

A: A "B" comes after it!

Q: What kind of bird was banned from the jewelry store?

A: A robin.

It's allergy season again?! You've got to be pollen my leg.

The roundest knight of King Arthur's court was Sir Cumference ... he ate too much pi!

It's impossible to plant vegetable seeds when you haven't botany.

