

800 College Parkway • Lewisville, TX 75077 • 972-434-1727 • www.lewisvilleseniorliving.com

## Your Executive Director!

#### Dear Residents and Families,

As we step into the festive month of December, I want to take a moment to reflect on the wonderful moments we've shared and look forward to more holiday cheer ahead! Our Thanksgiving Luncheon was a great success! The dining room was filled with joy, laughter, and delicious food, all thanks to our incredible team and the warmth of our community. It was heartwarming to see so many smiles and hear the gratitude shared around the table. Now, with the holiday season in full swing, we're excited to embark on our annual trip to see the Christmas lights. This outing has become a beloved tradition for many, and it's always a magical experience to see the holiday lights sparkling and bringing joy to everyone. We're also looking forward to our Resident Christmas Party! This event is always a highlight, giving us all a chance to come together, enjoy festive treats, and celebrate the season. Expect delicious holiday bites, festive decorations, and some extra-special surprises to make the day unforgettable.

As December continues, I want to wish everyone a season filled with fun, happiness, and treasured moments with friends and family. Here's to making this holiday season one to remember!

Warm holiday wishes, Kendra Simpson Executive Director



### DECEMBER 2024

# Dalia Limon for Employee of the Month!

We are thrilled to recognize Dalia Limon as our Employee of the Month! As an incredible concierge, Dalia consistently goes above and beyond to ensure that the residents feel valued and supported. Her unwavering positivity shines through, no matter the challenge. She never complains, maintaining a calm and solution-oriented approach that inspires her colleagues. What truly sets Dalia apart is her selflessness. She is always ready to lend a helping hand, embodying the spirit of teamwork and care that makes our community thrive. She exemplifies what it means to provide outstanding service. Though she tends to be quiet, her exceptional work speaks volumes. We are grateful for the dedication and professionalism Dalia brings to her role every day. Thank you, Dalia, for your dedication and the warmth you bring to everyone around you. We are so fortunate to have you on our team!





|   | Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday   |
|---|---|--|--|--|--|---|--|
| LEWISVILLE<br>ESTATES<br>SENIOR LIVING AT EASE<br>INDEPENDENT LIVING<br>DECEMBER<br>2024  | <b>10:00 Community Church</b><br>1:30 Bridge<br>3:00 Card Game Mania<br>6:30 Stay and Play (B)      | 1 2<br>11:00 Morning Devotional (CR)<br>12:00 "Country Store Is Open"<br>(R66)<br>2:00 Spades<br>6:30 Stay and Play (B)  | 3<br>9:35 Walmart Shopping (O)<br>10:00 Balance Class w/ Legacy<br>(CR)<br>10:00 Catholic Communion<br>(Bistro)<br>2:00 Hand & Foot (FR)<br>6:30 Stay and Play (B)   | 4<br>9:45 Blood Pressure Clinic w/ Legacy<br>(CR)<br>10:00 Post Office/Bank (O)<br>10:00 Strength Class w/ Legacy (CR)<br>10:30 Country Store (R66)<br>11:00 Morning Devotional (CR)<br>2:00 Billion Dollar Bingo (B)<br>3:00 Dominoes/42/Mexican Train (CR)<br>3:30 Uno, Scoops, & Friends<br>6:30 Stay and Play (B)  | Last Day to Donate to 5<br>Employee Fund<br>9:35 Walmart Shopping (O)<br>2:00 Euchre (B)<br>2:30 Misc. Errands (O)<br>6:30 Stay and Play (B)   | 6<br>9:00 Stocking donation gift<br>ordering w/ Linda<br>(9-11AM) (B)<br>10:00 Bible Study (CR)<br>2:00 Hand & Foot (FR)<br>3:30 Bringing in December<br>with singer Krystal<br>Rodriquez (L)<br>6:30 Stay and Play (B) | 7<br>6:30 Stay and Play (B)  |
| LocationsParking LotPLBistroBCommunity RoomCRDining RoomDRFitness RoomFRGardenGLibraryLLLobbyLOutingORoute 66R66TheaterTH   | <b>10:00 Community Church</b><br>1:30 Bridge<br>3:00 Card Game Mania<br>6:30 Stay and Play (B)      | <ul> <li>8 9</li> <li>11:00 Morning Devotional (CR)</li> <li>12:00 "Country Store Is Open"<br/>(R66)</li> <li>2:00 Spades</li> <li>2:00 Stocking donation gift<br/>ordering w/ Linda (2-4) (B)</li> <li>3:30 Sing along &amp; name that<br/>tune w/ Aaron Johnson (L)</li> <li>6:30 Stay and Play (B)</li> </ul> | 10<br>9:35 Walmart Shopping (O)<br>10:00 Balance Class w/ Legacy<br>(CR)<br>10:00 Catholic Communion<br>(Bistro)<br>2:00 Hand & Foot (FR)<br>2:30 Town Hall Meeting (CR)<br>6:30 Stay and Play (B)   | 11<br>9:45 Blood Pressure Clinic w/ Legacy<br>(CR)<br>10:00 Post Office/Bank (O)<br>10:00 Strength Class w/ Legacy (CR)<br>10:30 Country Store (R66)<br>11:00 Morning Devotional (CR)<br>2:00 Billion Dollar Bingo (B)<br>3:00 Dominoes/42/Mexican Train (CR)<br>3:30 Uno, Scoops, & Friends<br>6:30 Stay and Play (B) | 12<br>9:35 Walmart Shopping (O)<br>1:30 Resident presentation of<br>employee appreciation<br>celebration (DR)<br>2:00 Euchre (B)<br>2:30 Misc. Errands (O)<br>6:30 Stay and Play (B) | 13<br><b>10:00 Bible Study (CR)</b><br><i>2:00 Christmas Movie: The</i><br><i>Polar Express</i><br>2:00 Hand & Foot (FR)<br>6:30 Stay and Play (B)  | 14<br><b>1:30 Donation Stocking</b><br><b>Stuffing</b><br>6:30 Stay and Play (B) |
| Monday, 10AM (Grocery<br>Stores)<br>Tuesday & Thursday, 10AM<br>(Walmart)<br>Wednesday, 10AM (Post<br>Office/Bank)<br>Thursday, 2:30PM (Misc.<br>Errands)<br>Friday, 9:30AM         | <b>10:00 Community Church</b><br>1:30 Bridge<br>3:00 Card Game Mania<br>6:30 Stay and Play (B)      | <ul> <li>15 16</li> <li>11:00 Morning Devotional (CR)</li> <li>12:00 "Country Store Is Open"<br/>(R66)</li> <li>2:00 Hot Cocoa &amp; Christmas<br/>Movie: Home Alone</li> <li>2:00 Spades</li> <li>6:30 Stay and Play (B)</li> </ul>   | 17<br>9:35 Walmart Shopping (O)<br>10:00 Balance Class w/ Legacy (CR)<br>10:00 Catholic Communion (Bistro)<br>2:00 Hand & Foot (FR)<br>3:30 Resident Holiday Party (CR)<br>(3:30-5)<br>6:30 Stay and Play (B)<br>7:00 A trip Deer Field Lights<br>(Christmas Lights) | 18<br>9:45 Blood Pressure Clinic w/ Legacy<br>(CR)<br>10:00 Post Office/Bank (O)<br>10:00 Strength Class w/ Legacy (CR)<br>10:30 Country Store (R66)<br>11:00 Morning Devotional (CR)<br>2:00 Billion Dollar Bingo (B)<br>3:00 Dominoes/42/Mexican Train (CR)<br>3:30 Uno, Scoops, & Friends<br>6:30 Stay and Play (B) | 19<br><i>9:35 Walmart Shopping (O)</i><br>2:00 Euchre (B)<br><b>2:30 Misc. Errands (O)</b><br>6:30 Stay and Play (B)   | 20<br><b>10:00 Bible Study (CR)</b><br><i>2:00 Christmas Movie: A</i><br><i>Christmas Story!</i><br>2:00 Hand & Foot (FR)<br>6:30 Stay and Play (B)   | 21<br>6:30 Stay and Play (B)   |
| Birthday to<br>You All! Enjoy<br>Your Day<br>8-Mieko Ortiz<br>9-Brenda Bolton<br>13-Arlene Goldberg<br>13-Marilyn Rose<br>15-Betty Elmore<br>18-Kenneth Peters<br>25-Billy J. Elder | 2<br><b>10:00 Community Church</b><br>1:30 Bridge<br>3:00 Card Game Mania<br>6:30 Stay and Play (B) | 22 23<br>11:00 Morning Devotional (CR)<br>12:00 "Country Store Is Open"<br>(R66)<br>2:00 Spades<br>6:30 Stay and Play (B)  | 24<br>9:35 Walmart Shopping (O)<br>10:00 Balance Class w/ Legacy<br>(CR)<br>10:00 Catholic Communion<br>(Bistro)<br>2:00 Hand & Foot (FR)<br>6:30 Stay and Play (B)  | 25   | 26<br><i>9:35 Walmart Shopping (O)</i><br>2:00 Euchre (B)<br><b>2:30 Misc. Errands (O)</b><br>6:30 Stay and Play (B)   | 27<br><b>10:00 Bible Study (CR)</b><br>2:00 Hand & Foot (FR)<br>6:30 Stay and Play (B)  | 28<br>6:30 Stay and Play (B)   |
| 30-Duane Vanderwater<br>"The more positivity,<br>love and light you reflect,<br>the more light is mirrored<br>your way."<br>—Suzy Kassem<br>Activities Subject to Change            | <b>10:00 Community Church</b><br>1:30 Bridge<br>3:00 Card Game Mania<br>6:30 Stay and Play (B)      | 29 30<br>11:00 Morning Devotional (CR)<br>12:00 "Country Store Is Open"<br>(R66)<br>2:00 Spades<br>6:30 Stay and Play (B)  | 31<br>9:35 Walmart Shopping (O)<br>10:00 Balance Class w/ Legacy<br>(CR)<br>10:00 Catholic Communion<br>(Bistro)<br>2:00 Hand & Foot (FR)<br>6:30 Stay and Play (B)  |  | MERRY<br>Christmas   |   |  |





# Holiday Décor Reminder

Keep all decorations fun and tasteful! Use your favorite figurines and trimmings, but be considerate of your neighbors when hanging objects such as lights or signs.

# 'Tis the Season To Save

The holiday season is approaching, but that doesn't mean it's time to overspend. Make this the year you set a budget and stick to it. Here are a few simple ways to accomplish that.

Head to the dollar store for greeting cards, gift bags, wrapping paper and bows. You may also find inexpensive decorations, seasonal candy, and tins and boxes for homemade presents.

Search online for store coupons. If you sign up for a retailer's email list, you will often receive an extra discount.

If you have a special skill, such as woodworking, sewing or decorating, give your talent as a present. Or offer to babysit, walk a dog or do some housecleaning.

Spend a day in your kitchen and make a whole batch of gifts. Homemade candy, cookies or trail mix can be presented in a canning jar decorated with a colorful ribbon.

If you typically host a sit-down holiday dinner, consider replacing the feast with a simple gathering and serve hors d'oeuvres, drinks and desserts. Save even more by making it a potluck and inviting your guests to bring an appetizer or dessert to share.

Avoid self-gifting. Holiday sales can tempt you to treat yourself while shopping for others, but this can lead to buying things you don't need. Remember that you made a budget for a reason!



